

1. Introduction to Age Friendly County Initiative Questionnaire

Fingal Development Board with Fingal County Council aims to follow the example of counties Louth, Kilkenny and Kildare to make Fingal an Age Friendly County. Age Friendly Counties/Cities are defined by the World Health Organisation as being places where active and healthy ageing is promoted and where the quality of life for older people matters.

Fingal County Manager, David O'Connor in collaboration with State and State funded Agencies and Community & Voluntary Organisations of the Fingal Development Board will champion the Age Friendly County initiative in Fingal.

"It is important that older people are at the heart of the decisions being made concerning them in the county, therefore it is important that they have a say in the development of an Age Friendly Strategy for Fingal" said David O'Connor

If you are over 55 years of age and would like to have your say on what Fingal is currently like for older people and how you would like it to look in the future, we would like to hear from you.

2. About you

Tell us a few basic things about yourself

1. What age are you: (persons under 55 years should not complete this survey)

- 55-59
- 60-64
- 65-69
- 70-74
- 75-79
- 80-84
- 85+

2. Are you:

- Female
- Male

3. Are you living:

- At home alone
- At home with spouse/family member
- At home shared with a non-family member
- In the home of a family member/carer
- In a nursing home
- Other

4. Where do you live:

- Balbriggan
- Baldoyle
- Blanchardstown
- Castleknock
- Clonsilla
- Donabate
- Howth
- Lusk
- Malahide
- Mulhuddart
- Rush
- Santry
- Skerries
- Sutton
- Swords
- The Naul
- Other

5. If you ticked "other" please write here the name of your district/village/town or suburb.

3. Social and Community Activities

Tell us about how active you are in general

6. What kind of social life do you have?

- Very active Active Inactive Very Inactive

7. What are your pastimes or social activity? [For example: reading, walking, swimming, dancing, socialising]

8. Which of the following presents a challenge to older people socialising in the area where you live (tick any of the following that apply to your area):

- Lack of health and mobility among older people
- Lack of contact with other people of this age group
- Lack of regular public transport
- Lack of amenities in the area
- Lack of safety
- Lack of suitable events for over 55s
- Lack of easy access to facilities

4. Attitudes

Tell us about your views in general and your experience as an aging or older person

9. In comparison to the last 20 years the world today is a better place for Older people

- Strongly Agree Agree Disagree Strongly Disagree

10. In comparison to the last 20 years Ireland today is a better place for Older people

- Strongly Agree Agree Disagree Strongly Disagree

11. In comparison to the last 20 years my local area today is a better place for Older people

- Strongly Agree Agree Disagree Strongly Disagree

12. Older people are treated better than people from other age groups

- Strongly Agree Agree Disagree Strongly Disagree

5. Your Health & Wellbeing

Tell us about your health and wellbeing

13. How would you rate your health?

- Excellent
- Very Good
- Good
- Fair
- Poor

14. How do you keep yourself healthy and well, (tick any of the following that apply to you):

- Regular physical exercise
- A balanced diet
- Regular contact with family members
- Good heating and ventilation in my home
- Access to amenities in my local area
- Environment free from pollution (e.g. air/water/noise)

6. Safety and Security

Tell us how safe do you feel in your home and community

15. Do you generally feel safe at home?

- Very safe Safe Unsafe Very unsafe

16. Do you feel safe going about your daily business outside your home, in your neighbourhood or community?

- Very Safe Safe Unsafe Very unsafe

7. Checklist of Essential Features of Age-friendly Counties and Cities

This checklist of essential age-friendly city features is based on the results of the WHO Global Age-Friendly Cities Project consultation in 33 cities and 22 countries.

17. Can you indicate in your opinion which of the following are the most essential features of an age-friendly County: please place your tick on the left if something is very important and on the right if less important

Outdoor spaces and buildings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Transportation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Housing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social participation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Respect and social inclusion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Civic participation and employment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communication and information	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community and health services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety and security	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. If you ticked "other" please write here what you think the most important issue is to you:

19. Have you any further comments about any of the issues raised in the survey that you feel would help the age-friendly county initiative: